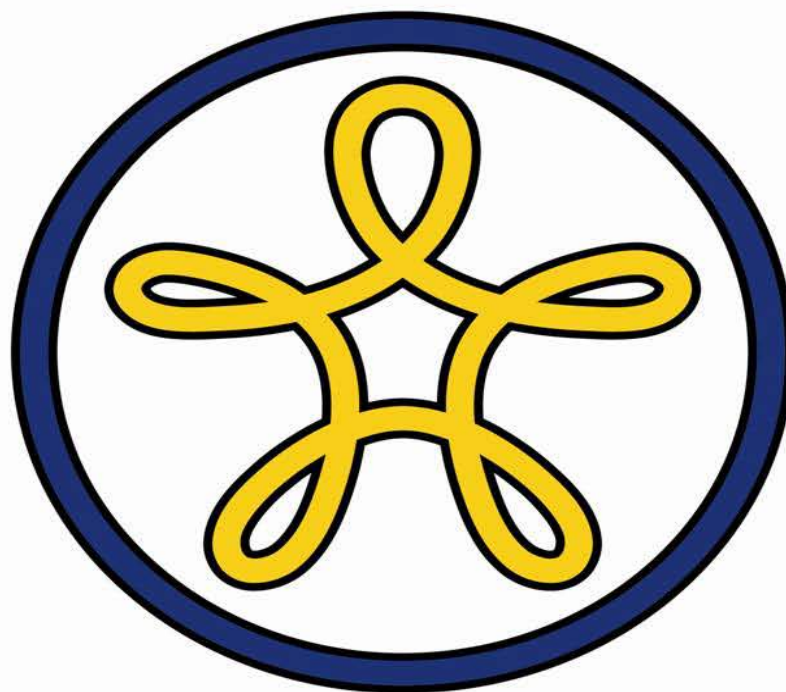


# Emm-Chat

THE EMMETT  
THERAPIES  
NEWSLETTER

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 Emmett Therapies



# Emm-Chat

Emmett Therapies  
Newsletter

Issue 5—April 2010

 Emmett Therapies

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## Highlights this Month:

### Ross Emmett Course Summary

Ross speaks on... **The Blind Girl at the Pool**

- Articles** .....
- Ross's Client Testimonial – the Lee Mules Story
  - Emm-Tech course for Western Queensland
  - Every time I meet Ross, he gives me a priceless gift – Debbie Kinley
  - Singapore success Teaching Emmett – Else Strom Vistisen
  - Observations of Ross at Work – Lynda Mullamphy
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**In Profile** .....

- Colleen Kelly – Emmett Instructor, Brisbane Australia.

- Testimonials** .....
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  - Craig Harrison
  - Brian Hicks

### Shared insight from Ross

Courses Ross will be teaching - <i>upcoming Apr, May&amp; Jun</i>			
15-17/04/2010	Seligenstadt (Frankfurt)	Emmett Techn, Mod 4, 5	buero.mitte@emmett-therapie.de
18-19/04/2010	Seligenstadt (Frankfurt)	Professional Days	buero.mitte@emmett-therapie.de
26-27/04/2010	Vienna	Mod 1 & 2	susanne@lebensgeister.at
30/04-2/05/2010	Keifersfelden	Mod 1, 2 & 3	buero.sued@emmett-therapie.de
7-9/05/2010	Singapore	Emmett Techn, Mod 2,3,4	else@combinedtherapies.com
22-23/05/2010	Townsville (Bluewater) - Australia	Emmett Techn, Mod 1 & 2	ross.emmett@rossemmett.com.au
29-30/05/2010	Sunshine Coast (Nambour) Australia	Emmett Techn, Mod 4 & 5	ross.emmett@rossemmett.com.au
5-6/06/2010	Townsville (Bluewater) - Australia	Mod 6 & EP1	ross.emmett@rossemmett.com.au
12-13/06/2010	Sydney	Mod 6 & EP1	ross.emmett@rossemmett.com.au
19-20/06/2010	Cairns	Mod 1 & 2	ross.emmett@rossemmett.com.au

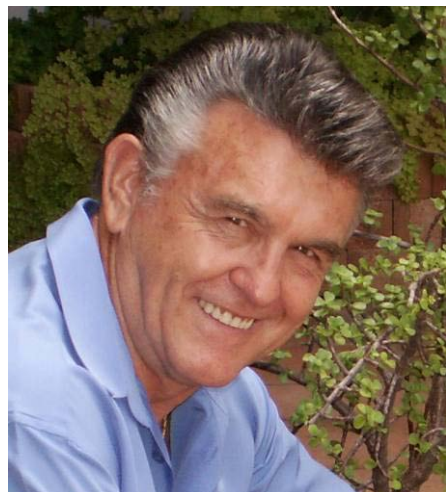
For **more information** on courses in **all locations** check [www.rossemmett.com.au](http://www.rossemmett.com.au) course calendars-  
- Emmett Technique - Emm-Tech - TBT101 Tom Bowen Therapy (Ross Emmett's interpretation)  
- Emmett for Animals (EMM) - Emmett for Horse Handlers and Riders



**WAS THE STORY ABOUT YOU?  
YOU may find YOURSELF in the  
FINE PRINT !**

**Every issue of EmmChat relays stories  
of experiences shared by Ross, Emmett Instructors and Practitioners  
Worldwide... could you be in the story also??? Read on and find out.....**

## Ross Speaks on.... The Blind Girl at the Pool



**An event in 1984 had a great effect me and on my realization that not every one sees things as we do.**

I had taken two of my children to Brisbane for a holiday. My eldest daughter loved to swim so we went to a well known swimming pool called The Oasis. This was my daughter's first experience on a 4-meter diving board. I was watching her excitement on the board when I noticed two young women walking hand in hand towards the diving board. They stopped at the ladder to the diving board and spoke quietly together. I could not hear what they were saying.

One of them then climbed the ladder and then invitingly spoke down to the other saying "Come up. Don't be afraid it's only 10 steps". The one below climbed slowly and cautiously up the steps. When she reached the top the first girl helped her to step onto the platform.

They spoke again and then the first girl walked out to the end of the board and back again. They spoke again. Then the first girl walked to the end of the board and back and jumped into the water. She came to the surface and began to tread water calling out to the other girl to come out to the end of the board and jump to her. "Come on walk out. It is only 10 steps, you can do it".

After continuous encouragement the girl walked to the end of the board and again the first girl called out "Come on jump, I'm here jump to me". With a little hesitancy the girl jumped. As she jumped the girl in the water moved quickly away, the second girl landed in the water, she went under and surfaced again with her hand in the air. The first girl grabbed the hand quickly and led her to the side of the pool. The first girl climbed out of the pool turned and helped the other girl out of the water. It was then I noticed the second girl was blind.

I sat there for quite some time contemplating what I had witnessed and then asked myself the question "In whom could I put my faith into to step into the darkness? Who could describe for me the beauty of a rose as I see it? "

This took quite a few days until I had a satisfactory answer. It was not my mother, my wife or any close family friend. The person I selected I had known many years before and had very little contact with today. This was a surprise. Who could you put your faith in? Who really sees things as you do?

*Ross Emmett*



## Ross's Client testimonial - The Lee Mules Story

**Lee Mules is an inspirational client of Ross's. She has written her testimonial for inclusion in an upcoming seminar Ross is addressing in the United Kingdom. We thought you would also be inspired by Lee's story... and her constant motto... "Positive Attitude Only"...**

"Brief background: In September 2008 I was diagnosed with Fungal Meningitis. I very nearly died and was in hospital for four and a half months. By the time I was discharged I had had neurosurgery to probe my brain, two cardiac arrests in surgery due to a severe potassium problem, a bad reaction to a drug and lost sixteen kilos. The damage to the body was major, slightly more severe on my right.

Starting from the bottom: my feet and legs, particularly from the knees down there was little to no feeling or movement. I could move my toes but couldn't feel the movement. My feet, and half way to the knee, felt as if they were tightly bandaged with stiff leather. My left hand, small finger and ring finger, had similar issues. My neck was very unstable from the swelling, and very painful. My head: the disease had attacked the major nerves, I lost my vision and my hearing completely and also lost my sense of smell.

Doctors and specialists discharged me with little to no hope of recovery, but I don't give up that easily. I was determined to find someone or something to help me.

After some searching and experimenting with various natural therapies, a friend recommended Ross and his treatment. We decided to try it. On my first visit Ross said he believed that his treatment would help me to recover. The first three weeks of his treatment the improvement in my general health was wonderful, the constant headaches became occasional, the severe pain in my neck and shoulders reduced, I had energy and felt much better.

After ten months of using his treatments the improvements have been wonderful. My feet now have feeling, movement and the bandaged feeling has almost gone. My left hand no longer feels tight and moves much better, even to typing on the computer. I no longer have headaches or neck and shoulder pain.

The big one is my hearing. The doctors told me I would never have more than environmental sound. My left ear has made amazing recoveries, I can now hear many household noises, and e.g. phone, and kitchen noises, radio and TV, but still cannot decipher the speech. I can hear on my left with slow, clear and loud speech, and sometimes can understand the words. This is still improving. I can now hear conversations in the room around me, I can hear voice fluctuations, gaps between the words, and often tell the difference between voices.

My hearing is tested regularly every few months; the improvement showing in these tests has astounded the audiologist. One of them stated that she has never seen such good improvement and asked what we were doing.

Ross is now concentrating on my vision. I have had some fluctuating movement vision; I am now starting to get a very slow but steady improvement. I can see the shadow of my hands moving in front of my face, my peripheral is a little stronger. I now often can see the shadows of door frames, door movement, shadows of arm movement when doing normal every day things. With my feet and my ears, I went through a short but significant burst of improvement before a good steady climb after that. I am hoping the same will happen with my eyes soon. I remain very determined and very positive in believing that Ross' treatments will help me to recover further.

**Lee Mules** Tully Australia.



## Emm-Tech courses for Western Queensland

Three clinical therapists and Emm-Tech tutors from Townsville are preparing to spread the word of Emmett Therapies into Richmond, Hughenden, Julia Creek, Cloncurry and Mount Isa. The road trip kicks off with a promotional stall at the Richmond Field Days on Friday & Saturday 18<sup>th</sup> & 19<sup>th</sup> June.

Emm-Tech short courses will be held at Julia Creek, Mt Isa, Cloncurry and Hughenden following these days. (See dates below and on the website [www.rossemmett.com](http://www.rossemmett.com) )

Julia Creek	Sun 20 <sup>th</sup>	June 2010	
Mt Isa	Tue 22 <sup>nd</sup>	June 2010	Wed 23 <sup>rd</sup> June 2010
Cloncurry	Fri 25 <sup>th</sup>	June 2010	
Hughenden	Sun 27 <sup>th</sup>	June 2010	

Karen MacKenzie, Debbie Keighran and Gail Illingsworth will be driving between these towns to introduce workshops to the places where Ross developed his techniques. Those who have been treated by him now have the opportunity to find out what he was doing for them.

“The idea is for people in rural areas to learn basic skills to help family and friends in difficulty. These simple moves make such a difference, Ross has designed this short course to be taken into the remote areas of Australia especially Mount Isa and the surrounding district where he still knows a lot of the people. I think he is as excited as we are about this trip and the people we will meet.” Karen said.

Anyone wishing to have further information can contact Head Office through the website or phone 47 258 458 and Debbie Keighran on 4779 1801.

Stay tuned to future Emm Chat issues for updates from the road trip diaries of the girls.

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## Every time I meet Ross, he gives me a priceless gift.

The first time I ever saw him, in 2007, I was a struggling therapist, thinking about giving up therapy for good and sticking with my “day job”. I heard about a Masterclass he was giving and decided that I might as well go, “just to see what this guy has to say”.



Within 15 minutes of arriving, I just knew that I had to do his course, even if it meant going to Australia to do it. Of course, “fate” or something intervened, and a place magically was available for me, just three days hence. During the three days that followed, Ross changed my outlook on therapy for ever. The reluctant therapist was reborn as a fledgling bodyworker....

Time passed, I left my day job and set up my own Therapy Centre. I took over the role of Ross’s co-ordinator from Gillie La Haye and arranged Ross’s long-awaited return to the UK in April 2009. This time, his gift was different. After his work schedule was complete, I took him “touristing” in Wiltshire where, to my horror, I woke up one morning at 4am, quite unable to move, as my back had completely seized up. Somehow, I got through the next hours, and by the time I heard Ross’s door open around 8am, had managed to drag myself out of bed and get dressed. “Please help me” I called, and within two minutes, he had got me moving again. I was able to go downstairs for breakfast, then drive to Stonehenge, walk around, spend the day sightseeing and drive the 150 miles home. Ross did all this with a series of three moves, which anyone who has done Module 5 will know. This was the greatest learning I ever had as a bodyworker and I am thankful for it every day (except that day!) Since then, I have become known locally as a specialist in so-called “sciatica” in my home county. At least three times per week, I watch (and smile) as disbelief spreads across the face of someone who has been in agony, when they stand, and sit, and stand again.....easily, and with only a remnant of discomfort to remind them to take it easy for the next few days.

Regular readers of this newsletter will already know about the gift I received in Switzerland, when I was privileged to watch Ross working with a seriously ill gentleman (see Emm Chat vol. 4). This was

a reminder to me of the therapeutic relationship; of the “dance” initiated by the client, the intent shown by the therapist and of the beautiful harmony which follows.

My next gift is “in the post”. Ross has very kindly agreed to treat one of my long-standing clients; a man who needs not only the “magic” physical touch, but who also needs the special salve of the right words. Ever-generous, Ross will allow me to be there in the background and will offer feedback on what he does, so both my client and I will benefit.

**Debbie Kinley**, Emmett Therapies Co-ordinator, UK.

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## Singapore has proven to be a success with teaching of the Emmett Technique.



Only 16 months ago we started advertising Emmett Module 1 and 2. October 2009 a small group completed Module 4 and by May 2010 we have the second group completing Module 4. Due to a very extensive interest in taking The Emmett Technique to higher level Module 5 and 6 will be conducted by Ross in August and October. The tip of the iceberg will be the follow up by the Professional Day EP1.

Ross' teaching methods have been highly appreciated and a large group of the Emmett students have made enquiries about conducting TBT 101 here in Singapore. The first ever TBT 101 in Singapore will take place in August this year. It goes without saying that Ross's Emmett Technique and his understanding of the Bowen Therapy have been received very positively amongst the therapists in Asia.

For your information: The Talk “Could What you are Wearing be Wearing you out ” will be conducted for the second time by Else Vistisen April 6th at SWA - Scandinavian Women Association.

**Else Strom Vistisen**, Emmett Therapies Co-ordinator, Singapore.

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**Observations of Ross at Work** - As people often ask what working with Ross is like, I would like to share some of my observations of his clinical approach - ‘Enjoy’, is the word that constantly flows throughout his clinic. It’s the word that comes so effortlessly from Ross during the day, as he moves between patients.



At the recent Instructors training I shared my personal journey.... One where I have been blessed to experience Emmett from all aspects as:  
- a client, a student, and now working with Ross as an Emmett Practitioner where I have experienced the joy of being able to watch him “walk the talk” – what is taught during Emmett Technique training as the 7A’s, Ross lives and breaths every day in his clinical practice where I watch Ross practice what he teaches.

Ross first greets his clients with a hand shake, asking ‘How can I help?’ He assessing the location of pain and discomfort in their body. His hand is receptive and has a light firm feel which is sensing any variation in pressure from each of the client’s fingers.

Ross watches the person very closely from the moment they enter the clinic, conducting his assessment. He tells stories from his Mt Isa days about clients walking down the wooden corridor to his clinic. He would listen to their walk and assess their body from the sound of their foot steps - prior to even seeing them. He looks closely at their stance, checking for balance issues and any muscles

under strain. Ross then asks the client to make themselves comfortable, lie face down and relax. **This is where the dance begins.**

Observing Ross treating clients is something I count as a privilege. I often stand back in wonder as he becomes so absorbed in the moment with his client, that I feel it is an intrusion for me to be there. Ross moves around the body, testing muscles and asking the muscles to relax with the light touch and switches of his technique. The exchange between Ross and his client is almost intimate... a special language where unspoken words communicate needs. Using some relaxation moves, Ross will often start from the middle and work outwards along legs shoulders/arms, leaving the person to drift into a deeply relaxed state. He then continues with the Emmett muscle releases, standing back to watch for any response and change before making the next adjustment.

Ross speaks very little – even if the person continually talks. Ross may ask 1 or 2 questions and once he has the picture he will ask the person to ‘take a deep breath and relax’, this usually is enough for them to let go and enjoy the treatment. Ross ensures that any language he does use during the treatment has a powerful impact. He always approaches from the positive, and uses his stories and NLP (neuro linguistic programming) to reinforce the physical releases with mental changes.

Ross will then continue to slowly, intentionally move around the body – using his technique to release muscles, switching and testing for a response. I have observed moments during these treatments, when it is difficult to separate him from his client... they seem almost connected. At these times, I find myself backing slowly away from the room so as not to encroach on this very personal moment.

Ross will often ‘track’ the root cause of the problem. The person with a deep shoulder pain may have a hip issue pulling up the back and affecting the shoulder. He will make a sequence of moves directed at the area he wants to influence- then leave the person, walking away to allow their body time to respond to the treatment. It’s all about the client’s experience.

When re-entering the room, Ross will slowly approach the client, making light contact, giving the gentle reassurance of touch for the person to recognize that he has returned. He then makes a new assessment – as if he is looking at the client’s body for the first time all over again. He moves around the table slowly, purposefully, with the intention to keep the client totally relaxed and peaceful, and so **the dance continues.**

**Lynda Mullamphy**, Emmett Practitioner, Ross’s Assistant, Townsville Clinic & EmmChat Co-ordinator.

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## Instructor Training – Bluewater Training Centre, North Queensland, February 2010

Following on from the article in the latest issue of EmmChat, annual teachers’ training at Bluewater, Townsville, continued in February with instructors coming from as far afield as the United Kingdom.



Ross and Karen once again hosted their visitors at their beautiful Bluewater retreat in idyllic, tropical surrounds. The sparkling Bluewater Creek, which runs next to the retreat, was in full flow after the recent rain. The instructors took full advantage, by enjoying a ‘one in all in dip’ – a great way to relax after a full day’s bodywork.

The February training involved special sessions for the Instructors who also participated in the Module 2 & 3 training days which were incorporated over the 3 day period. Ross found new ways to ensure the Instructors continued to stretch their learning and

appreciate new aspects in the art of teaching the technique. The participants on the Mod 2 & 3 course commented on the wonderful learning opportunity gained from having one on one access to the instructors throughout their training.

**'Passion' was the topic** of conversation when Ross conducted sessions with the instructors discussing the future for Emmett Therapies and the expansion of Emmett worldwide



The sessions centered on how to best teach the Technique whilst gaining the understanding that the therapy involves much more than just a sequence of moves. As well as fine-tuning the techniques of the instructors, he stressed the importance of needing to be aware of people's different learning styles and to consequently adapt their teaching to the individual.

Everyone was inspired to **"keep it fun"** and to **"enjoy"** the process. And what do the participating instructors have to say:-

**-Tim Donehue**, Emmett Instructor Vic, SA, TAS, WA, "Once again, the annual instructor training at Bluewater has been an invaluable experience. Time shared with Ross, Karen and the other instructors to refine and improve the way each of us teach Ross's technique in the way it is intended is becoming increasingly important as we spread this technique around the world. Enjoy the experience of attending courses from any of the instructors Ross has put trust in, I hope to make it to a few myself."



**-Colleen Kelly**, Emmett Instructor, Brisbane, Queensland, "Being a new kid on the block as far as Emmett training goes, I felt I learnt so much. I am very excited about teaching Emmett! Even though I have been a teacher for 30-odd years, Ross renewed my appreciation of people's learning styles and fine tuned my understanding of the technique. The course could have been heavy going, but because of the different personalities of the students it was a pleasurable and positive experience."

**- Sue Gassick**, the newly appointed Instructor from the UK. "Ross's Instructor Training workshop in February was a wonderful learning experience for everyone - the trainee instructors and the Module 3 students. The job of an instructor is to assist each student to gain the best understanding of the technique and that means adapting the style of instructing to the student's learning strategy – and we didn't always get it right! But we all had fun learning about "mirrors and mimickers", "picture learners" and "feelers", plus much much more. Thanks Ross!"

**- Debbie Keighran**, Emmett Instructor, North Queensland. "I really enjoyed the week-end because it was my first hands on instructor training and it was great to have Ross there to watch over us. I also got a lot of learning out of observing the others teach. It gave me confidence to see that I was amongst equal peers. Fantastic weekend, I recommend that we do it at least once a year to maintain our teaching standards and networking relationships".

**- Lynda Mullamphy**, Emmett Practitioner & EmmChat Co-ordinator. "The future of Emmett Therapies is exciting when in the hands of passionate people. The joy for me was watching the instructors switch-on to the understanding of the potential for growth, fun and the continued learning Ross and the Emmett Technique offer. It was a wonderful opportunity to share my experience of working with Ross in his clinic. Ross is an amazing teacher and I was inspired by how he was teaching the Mod 2 & 3 students at the same time as the instructors – the learning was on all levels. Thank you Ross."

*We would like to send a special thank you to Ross and Karen for their wonderful hospitality and for making the training experience a very memorable one. We are all very grateful.*

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## In Profile...Colleen Kelly – Emmett Instructor Brisbane, Australia

**Colleen Kelly has a practice at The Gap (Brisbane) and also in Ipswich. She has been an Emm-Tech instructor for 4 years and has recently joined the ranks as an Emmett instructor.**



### **She says: “I am loving the space I’m in at the moment!**

I have been a teacher since the early 70’s but am a bit of a ‘late starter’ as a natural therapist, learning Bowen and massage since 2001 and working in a practice since 2004.

Ross Emmett was my inspiration in my decision to delve into the field of bodywork. I lived in Mt Isa in the 80’s and was frequently treated by Ross to have my ‘squash knots’ ironed out. His ability to accurately assess and effectively treat problems always impressed me. (Also...I have a claim to fame as one who messed up the pristine hairdo at my farewell party.)

Some years after my return to Brisbane and because of a combination of suffering a bit of teacher burnout, having a fascination of things scientific and of bodywork, and remembering Ross’s treatments, I turned to natural therapies as a career alternative.

Imagine my surprise when, in 2004, I learned that Ross was coming to Brisbane to teach ‘his stuff’ and what fabulous ‘stuff’ it is! Emmett work gives such instantaneous results and can marry so easily with other types of bodywork. I thoroughly appreciate the chameleon approach of adapting for the individual and being able to make changes in clients through the use of words and your own personal approach...wonderful! Being able to use Emmett has allowed me to become much more versatile with my treatments and my clients really appreciate how quickly their discomfort can be relieved.



I feel very fortunate that Ross has invited me to teach his work and I love every minute of it. Yes, I am enjoying the space I’m in...now I am able to pursue both of my passions; natural therapies and teaching.

**Colleen Kelly**, Emmett Instructor, Brisbane.



## **Tim Donehue, Emmett Therapies Instructor SA, VIC, TAS, WA**

After my recent trip to Townsville (Blue water), quite a few things came to realization. As a therapist & teacher, I at times, have become quite blasé about what I have at my fingertips. Knowing that results can be a foregone conclusion with many people, I was failing to put enough value on what I have been lucky enough to have learned.

The 'gems' that Ross have provided are so much more than a release that can aid an ailment or pain & discomfort, they can be, and in a lot of cases are, a life altering experience for the client. Underestimating this technique is a huge mistake and this can be understood better by reading through Ross's testimonials, listening to Ross's stories and understanding how and why some of these releases have been 'developed' and ultimately shared with us all.

A couple of my experiences that come to mind are:

- A midwife that now works in mental health recently commented to me on my successful treatment of colic & reflux in babies, saying that it has changed their lives. Stating that these problems can cause developmental problems, create separation anxiety at school age and can limit 'natural' social interaction throughout their lives. Amazing then, to think how many lives I have changed from such a young age.
- While on a family visit for one week, a young woman aged 22 who had been in a serious car accident two years prior and was still on (strong) daily medications for pain relief was encouraged to seek treatment for her problems. After one treatment she had considerable relief, four days later when she attended a follow up treatment, it seemed like a new person walked through the door reporting that she had only taken medication once. She returned for a third treatment before she returned home, not to have work done, but to thank me for her 'new life'. This took place approximately two years ago and the story just took another exciting turn recently when I learnt she was to give birth to her first child. This is something that she, her partner & her doctor believed to be unlikely to occur due to pain and medications.

As simple in application as Emmett Technique is, and how easy both our clients and us as therapists can see the instant results, we should not forget why we can achieve these things and where it all began.

As Ross has shared with us, a release for the neck that saved a young boy in a coma having a feeding tube inserted into his throat, restoring balance to an elderly client that could prevent a fall, or releasing forearm pain that may prevent surgical intervention are all instances of life altering moments.

Make the most of the gems Ross has shared with us, don't undervalue or underestimate what can be achieved, continue to change lives for the better and allow ourselves to grow as therapists and people.

**Tim Donehue**, Combined Therapist, Emmett Therapies Instructor TAS, SA, WA, VIC.



## Update from Rick Cuthbert, Instructor, Australia

For Module 5 & 6 in February in Sydney a huge diversity of therapists attended, we had Alex Buxton from Mt Eliza (Vic) Paula Hall from Bright (Nth Victoria) Anna Carolan and Christine Bird from the Southern highlands NSW, Craig Harrison (Emmtech Coordinator from Wingham (near Taree in NSW) Neil Fox (Kiama NSW) and Rod Pearson from Gundagai (Mid NSW) as well as other therapists from in and around Sydney.

In all we had amazing people from all walks of life, including Margareta who has trained as a doctor and Bowen therapist. From Castle Hill, kinesiologists, massage therapists, Bowen therapists, chiropractor, lymphatic drainage specialists and an aromatherapist. I almost forgot to mention the skinny participant "BONAPARTE" the skeleton, supplied by Julie Ray from Penrith NSW.

The message in all of this is that Emmett Therapies blend exceptionally well with a formidable range of modalities, enhancing the results for clients and is growing exponentially throughout Australia and Europe.

**Rick Cuthbert**, Emmett Instructor, NSW, ACT.

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## Testimonial - Else Strom Vistisen, Emmett Practitioner & Co-ordinator Singapore sent this testimonial from Marie Hambly

My 12 year old son was diagnosed with bulging discs and fibromyalgia in September last year , however after a trip to the UK and a three day course in the Lightening Process he was feeling much better but still had lower back pain and a chronic headache that was with him 24/7 .

My lovely outgoing sporty boy was beginning to feel very down and going to school and doing the activities that he loved was exhausting. He had a myriad of tests by a number of doctors and treatments by a chiropractor but nobody seemed to be able to offer any relief until we found Else! I can't believe how I found her- simply by chance- scouring the internet looking for ideas on what treatments to try. Else was the only one who could relieve Luke's pain.

At first things just reduced a bit - but enough to get Luke through the school day and the week's activities. Luke could not have coped with the constant pain had it not been for the sheer relief he experienced during Else's sessions. Over the following weeks the severity of the pain reduced significantly and my son is laughing and smiling and is sooooo much better.

Luke and I really don't know what we would have done without Else in those dark days- chronic head pain for a child is very scary and extremely stressful for the parents and family - however we trusted in Else and her healing hands and we will be eternally grateful- she is truly a caring person and a gifted practitioner and healer who is committed 100 % to helping her patients.

After seeing her "magic" hands work on Luke - she has now weaved her magic with my arthritic ankle, my daughter's podiatry problems, my other son's extremely tight muscles and my husband's back! I would urge anyone with a pain problem to go and see Else and experience the gentle magic for yourselves.

**Marie Hambly**

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## Testimonial - Craig Harrison - Rick Cuthbert recently received the following testimonial from Craig Harrison who attended the Mod 5 & 6 training in Sydney. Craig is the EmmTech Co-ordinator, Wingham. Thanks for sharing Craig.



*Introducing the Emmett Technique to my remedial massage business results has become outstanding! A new client came to my clinic describing his pain as "a knife projecting into his neck for the past five years". After one treatment the client was amazed as the pain was no longer there. He shook my hand on three occasions before leaving the clinic.*

*Clients are recognising the benefits of pain relief and freedom of mobility achieved. In the last eight months my clientele has doubled. This is due to the very effective outcomes enabling clients to promote The Emmett Technique by word of mouth.*

**Craig Harrison**, Wingham Remedial Massage Therapies

This message about Emmett Instructor Regi Scherrer, was sent in by Debbie Kinley, Emmett Co-ordinator UK. It was posted by Brian Dicks onto an international Bowen forum.

**TBT 101**

Posted by: "brianedicks" [brianedicks@yahoo.com](mailto:brianedicks@yahoo.com) [brianedicks](#)  
Mon Feb 8, 2010 3:18 am (PST)

Last week I was in the UK doing Tom Bowen's Therapy 101 – the first three of six days. My instructor was Regi Scherrer. I have done some Emmett training with her and it was always a pleasure to be in her classes, so I was looking forward to being her student again. I wasn't disappointed as she did as good a job with the Bowen as she does with the Emmett.

Even without doing the last three days I can highly recommend this as the best Bowen training I have ever had. The moves were simple and pure (and just like Tom, pure does not mean do not combine), but with the deft touch of Ross Emmett added in.

IMO this course puts the "therapy" back into the Bowen Technique.



## Shared Insight from Ross..

One of the highest qualities for caring is to care without judgment.

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**Contact Details** - we are constantly upgrading our database and if you have made any changes to **your contact details** or email address could you please let us know as soon as possible so we can make the appropriate corrections. These details can be sent to our new email address [ross.emmett@rossemmett.com.au](mailto:ross.emmett@rossemmett.com.au) or phone us on (07) 4725 8458

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