

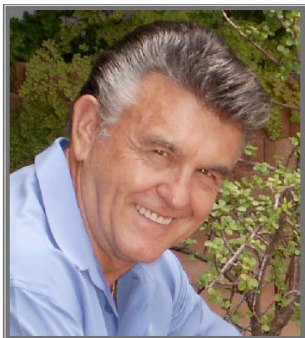


Issue 9

March 2011

Highlights this Month

Ross speaks on	Welcome to 2011 Master Builder
Upcoming Course Summary Articles	Working in Ross's Clinic - Baby Sienna Umbilical Hernia Surgery & Lymph Drainage Calming Effects of Emmett Therapy Journey of an Emmett Therapist Lee Mules Continued Instructor Training January 2011 Updates from the UK & Ireland EQUUS – Emmett Technique for Horses
Emmett Testimonials	Susanne Smeeton, Geelong Lois Ferandez, Toowoomba Suzy McRae, Caloundra Debbie Buck, UK Craig Elgey, Client
Updates from the Admin Team	



Ross Speak on.... Welcome to 2011

Welcome to 2011. May it hold the promise of a great future? The spreading the seeds of the technique was in 2010. I believe this year will see the growth.

Firstly to all our therapist affected by the Queensland flood, our thoughts are with you and we hope your lives are returning to normal and the year has a more prosperous outlook.

I would like to encourage all therapists to inform their clients when they are using Emmett as this is the only way the therapy will become known and it also shows that you are multi skilled. We are in a great position this year as a very large company has approached us to supply names of Emmett therapists throughout Queensland. They are looking for therapists interested in supplying treatments in large work sites through the state. Also, there is potential with mining companies throughout Australia to work within their Work Place Health and Safety programs. The therapist must be Emmett trained, and have attended the EP1 training days, This has massive potential for all Emmett therapists and more will be written on this subject later.

I have always encouraged therapists to mix this training with their previous learning, as the technique is complementary to all therapies. Now a problem has arisen that clients are looking for Emmett therapists on the web site only to find some therapists do not, or will not, do Emmett. We have been contacted to please explain why these therapists are advertising on the site.

Be aware this is false advertising and if a person asked for this item as advertised and you have the knowledge, you are obliged to supply the treatment.

There has also been an issue with people allowing the therapy to be accepted as another therapy, mainly Bowen therapy. Please remember that Bowen therapy has always stated in their manuals from the very first teachings that the Bowen technique is a double roll technique where you make skin contact move lightly away from the intended move, (known as taking the slack) then make a stronger move back across the tissue. Bowen also said from the very first teaching "There are no flicks, slides or holding points." Therefore if these are used in a treatment this is not Bowen therapy or based on the Bowen principle of treatment.

Please acknowledge other therapies as it places your client in a difficult position to have a follow up treatment elsewhere.

I am looking forward to making contact with many of you throughout the year.

Ross Emmett

Upcoming Course Summary

AUSTRALIA

DATES	LOCATION	MODULES	INSTRUCTOR	CONTACT INFORMATION
4/3 2011	Warrnambool	EMM-Tech	Tim Donehue	bbo12900@bigpond.net.au
5/3 – 7/3 2011	Cairns	Mod 2, 3 & 4	Ross Emmett	ross.emmett@rossemmett.com.au
5/3 – 7/3 2011	Warrnambool	Mod 2, 3 & 4	Tim Donehue	bbo12900@bigpond.net.au
12/3 – 13/3 2011	Brisbane	Mod 3 & 4	Colleen Kelly	colleen_kelly53@hotmail.com
18/3 – 21/3 2011	Perth	Mod 1, 2, 3, & 4	Tim Donehue	tdone@bigpond.net.au
27/3 2011	Mt Isa	EMM-Tech	Ken Glanville	ken_glanville@bigpond.com
27/3 2011	Murrumbeena	EMM-Tech	Michael Rozenfeld	rozenfld@alphalink.com.au
3/4 2011	Mt Isa	EMM-Tech	Ken Glanville	ken_glanville@bigpond.com
30/4 – 1/5 2011	Townsville	Mod 6 & EP1	Ross Emmett	ross.emmett@rossemmett.com.au
30/4 – 1/5 2011	Sunshine Coast	Mod 4 & 5	Colleen Kelly	colleen_kelly53@hotmail.com
13/5 – 15/5 2011	Hobart	Mod 2, 3 & 4	Tim Donehue	info@thekeyaustralia.com
21/5 2011	Murrumbeena	EMM-Tech	Michael Rozenfeld	rozenfld@alphalink.com.au
21/5 2011	Geelong	EMM-Tech	Susanne Smeeton	Susanne@sogoodtobehere.com
21/5 – 22/5 2011	Adelaide	TBC	Tim Donehue	tdone@bigpond.net.au
3/6/11 – 5/6 2011	Warrnambool	Mod 3, 4 & 5	Tim Donehue	tdone@bigpond.net.au
6/6 2011	Warrnambool	EMM-Tech	Tim Donehue	bbo12900@bigpond.net.au
17/6 2011	Perth	EMM-Tech	Tim Donehue	tdone@bigpond.net.au
18/6 – 20/6 2011	Perth	Mod 3, 4 & 5	Tim Donehue	tdone@bigpond.net.au
6/8 2011	Murrumbeena	EMM-Tech	Michael Rozenfeld	rozenfld@alphalink.com.au
12/8 – 14/8 2011	Hobart	Mod 3, 4 & 5	Tim Donehue	info@thekeyaustralia.com
27/8 – 28/8 2011	Adelaide	TBC	Tim Donehue	tdone@bigpond.net.au

OVERSEAS

DATES	LOCATION	MODULES	INSTRUCTOR	CONTACT INFORMATION
24/2 – 25/2 2011	Kinnegad Republic of Ireland	Mod 4	Ross Emmett	debbie@dktherapy.com.uk
26/2 – 27/2 2011	Basel, Schweiz	Mod 3	Regula Scherrer	regi.scherrer@bluewin.ch
12/3 2011	Makati City, Philippines	EMM-Tech	Gina Lee	ginalee_therapy@yahoo.com
18/3 – 20/3 2011	Singapore	Mod 5, 6 & EP1	Ross Emmett	ross.emmett@rossemmett.com.au
20/3 & 27/3 2011	Swansea, UK	EMM-Tech	Judith Johnson	judith.bowentherapy@googlemail.com
29/3 – 30/03 2011	Birmingham, UK	Mod 1 & 2	TBC	debbie@dktherapy.com.uk
5/4 – 6/4 2011	York, UK	Mod 5	Sue Gas sick	debbie@dktherapy.com.uk
11/4 – 12/04 2011	Reading, UK	Mod 5	Sue Gassick	suegassick@silverclove.com
15/4 – 16/4 2011	Kloster Wurmsbach, Bollingen bei Rapperswil	EP1	Ross Emmett	regi.scherrer@bluewin.ch
17/4 – 18/4 2011	Kloster Wurmsbach, Bollingen bei Rapperswil	EP2	Ross Emmett	regi.scherrer@bluewin.ch
19/4 – 20/4 2011	Kloster Wurmsbach, Bollingen bei Rapperswil	Mod 4	Ross Emmett	regi.scherrer@bluewin.ch
21/5 – 25/5 2011	Singapore	TBC	Ross Emmett	ross.emmett@rossemmett.com.au
18/6 – 19/6 2011	Basel, Schweiz	Mod 5	Regula Scherrer	regi.scherrer@bluewin.ch
25/6 – 26/6 2011	Kloster Wurmsbach, Bollingen bei Rapperswil	Mod 1 & 2	Regula Scherrer	regi.scherrer@bluewin.ch
20/8 – 21/8 2011	Basel, Schweiz	Mod 6	Regula Scherrer	regi.scherrer@bluewin.ch
27/8 – 28/8 2011	Kloster Wurmsbach, Bollingen bei Rapperswil	Mod 3	Regula Scherrer	regi.scherrer@bluewin.ch

For **more information** on courses in **all locations** check www.rossemmett.com.au course calendars

- Emmett Technique (Emm-Tech)
- TBT101 Tom Bowen Therapy (Ross Emmett's interpretation)
- Emmett for Animals (EMM) and Emmett for Horse Handlers and Riders

Master Builder



While on a recent trip to Germany I took a week out of training and stayed at small village motel. One morning at breakfast I was having a conversation with the woman who owned the premises. I asked how long they had owned the motel. She said about 4 years, and I then enquired what they had been doing before that. She stated her husband had had a large business; he was a Master Fire Builder. I then asked why they had sold the business and the answer was very interesting to me.

This is the story she told;

As a young man her husband had been considered a highly skilled designer and builder of large fireplaces. After a few years as a passionate enthusiastic tradesman he was in high demand and became known as the Master Fire Builder. He was so busy he found he had to have assistance. He hired on an apprentice. He became even more successful as his passion was passed on to his assistant. So again he trained another fire builder, just as passionate and enthusiastic. With the growth of the business the Master Fire Builder found himself dealing more and more with paper work and less time building fireplaces. Still the business grew. He needed more staff, which generated more paperwork, meaning more of his time in the office.

The business grew to around 25 employees. One day a customer asked for a special fireplace to be built. He stipulated the only person to do the job was the Master Fire Builder. On arriving at the job, the Master Fire Builder was surprised to see things had changed. He had not attempted this type of work before and he found himself asking for assistance. There were new products and improved tools to create the job.

It was in the seeking assistance that the realization came to him - he was no longer the Master. In his quest for expansion he had lost his personal contact with his trade.

On returning to his home he relayed his story to his wife and the decision was made for him to regain his passion, confidence and status. He would need to sell his business and focus purely his fire building.

That is how he regained his position as the Master Fire Builder.



Ross teaching at the Sunshine Coast, QLD

Baby Sienna's Story

Working in the clinic with Ross, it is easy to accept that people will have miraculous changes and experience wonderful recoveries almost instantaneously. Sometimes though, the changes that are experienced are so incredible that they really stand apart from others. They cement the learning and once again confirm why Ross teaches 'the Chameleon Approach' as the corner stone of the technique. One of these instances is Baby Sienna.

Baby Sienna was born with a form of 'torticollis' and had spent a large percentage of her short life being treated by many different specialists. She had been constantly taken through very painful exercises without experiencing any changes or improvement. Once she did have a successful treatment with an acupuncturist after which she was able to hold her head up for a short while but additional treatments could not replicate the result. Doctors were suggesting surgery involving cutting the muscle and physio's prescribed painful exercises and suggesting a neck brace to hold her head in an upright position.

Her mother had taken her to our sister clinic 'Body Alignment' where she had first encountered the Emmett Technique. She said she was amazed when Sienna would experience a change right before her eyes and would be able to support her head and use her neck, "We were excited to find that the treatment would help Sienna. She would arrive for her treatment with her head resting on one side, close to her shoulder and she would leave much happier, relaxed and was able to lift her head and move it. It was such a relief and would last for about 2 weeks, then we would go back again". The response Sienna experienced from the treatments provided hope that the Emmett Technique could encourage physical change and influence muscular recovery. This is when she was referred to Ross.

Sienna was 11 months old when she first presented to the clinic. Ross invited me in to participate from her first treatment. I really enjoy working with babies and children. They are a blank sheet and take on the changes with often instantaneous results. Unlike we adults, they have no prior baggage and often allow their bodies to release and relax so quickly that within minutes they open up and become a 'monkey.' (I also have smaller hands than Ross that are always a benefit when working on the littlies).

Ross approaches every treatment in a different manner – the chameleon approach. With Sienna, the treatment he gave on this first visit, lasted less than 10 minutes, and included three moves that created visible muscle releases. Interestingly two of these are taught in the Emm-Tech short course and the third in the very first training days (Mod 2). The change in her was amazing - within minutes Sienna started to gain strength in her neck.

She smiled and her body, which was very tense, relaxed. Her mother was in tears as we both watched Sienna lifting her head and turning it from side to side. The following day, Sienna's mother called to advise that over-night her head straightened even more. This initial result was built upon a few days later at a follow-up appointment and delighted Sienna's parents by holding for more than a few months. Subsequent lapses, where Sienna's neck muscles required reactivation have brought amazing results, simply and easily.

She has since had progressive treatments with Ross and myself, and each time she leaves with her head virtually upright. By the 2nd day following the treatment she has full rotation and her head is completely straight. A normal treatment lasts about 7 minutes on average. Sienna is now able to move so easily and freely, she is rolling with ease and her body is no longer tense. This beautiful little girl with such an infectious smile and bubbly disposition is crawling and recently started attempting to stand – she is so much happier.



Lynda Mullamphy, Emmett Therapist/Tutor, Townsville.

Umbilical Hernia Surgery & Lymph Drainage

Dear Ross,

I must write to you and tell you about something that happened to me recently. Four weeks ago I had an umbilical hernia repair operation, which was successful with no complications other than a degree of bruising that appeared in my lower abdomen.

The surgeon was surprised and said I would end up with a nice black bruise. My own doctor was also surprised at its appearance and took great care to examine the area to make sure there were no other complications and also said I would have a nice bruise as a souvenir of the operation.



Before

Four days after the operation, Susanne suggested she do a Lymph drainage treatment for me because it might help generally after surgery. I woke up the morning after the treatment and 95% of all bruising had disappeared. I was disappointed because I wanted to have something to show for my one night in hospital – my big bruise.

If only more people knew of the fantastic help of this treatment in post-op-care – which is something you have often said. I certainly will be encouraging my patients who have had recent surgery to have similar treatment – when possible. Hope this finds you well

Yours in health
Romney Smeeton



Hopefully after

“Romney suggests that Ross needs to have some Lymphatic drainage treatments too - so hopefully he can look like Romney!” Susanne Smeeton

The Calming Effects of Emmett Therapy

The recent flooding of Brisbane and Ipswich has left most people with a profound feeling of malaise and overwhelm. Whether the floods directly or indirectly affected them.

This is undoubtedly the case for the population in all regions that have experienced flooding and, more recently, cyclonic conditions.

Many of my clients who had arrived for treatments for aches and pains were also feeling ungrounded and sad. Subsequently, not only was their pain addressed, but also they experienced significant emotional improvement and reported feeling more ‘clear-headed’ and revitalised after their Emmett treatment.

For me, this is a reminder of the tremendous benefits which Emmett therapy provides, not only on a physical level but also mentally and emotionally.

What great “stuff” (Ross’s term) and how lucky am I that I can help in this way!

Colleen Kelly, Emmett Instructor & Therapist

Journey of an Emmett Therapist

Opportunities? Sometimes you just have to follow your gut feeling and take the opportunity there in front of you, not knowing where it will lead. Crossroads can be confusing. The direction that may be good for some, but not for others, I guess that's why we have that gut feeling.

That's how I felt when I first experienced the Emmett phenomenon in May 2009, what was this therapy and how can it be so simple but still have such profound benefits for the body, I was at a cross roads, I had been diagnosed with Inflammatory Bowel Disease in October 2007, after living with a mystery illness for two years and being unwell on and off as a child and through my adult life, being told it s only food poisoning or just a passing virus, (why was I the only one getting ill) thinking it was all in my head?

Through those few years from 2005 to 2009 I had been into hospital a couple of times. Spent weeks and months bed ridden, fallen in and out of depression, and spent a lot of time looking for answers, (there is no answer). I told myself I would not let it define who I am, as much as the people would tell me what I should and shouldn't be doing. I refused to believe I had to live with the disease, The Disease Had To Live With Me, not an easy statement for people to believe. They tend to tell you, you are in denial, Rubbish!

My wife Kyla knows me well, I had taken a bad turn and was in the Noosa hospital, looking very, very yellow, I was in a tremendous amount of pain, she could tell I was not handling it well. She looked at me with a tear falling from her eye and said, you know Matt you are a lot stronger than you realize. This was one of those defining moments in life. I realized I had succumbed to the brow beatings, and was doing what everyone thought I should be doing. Living with the disease instead of it living with me. It was time to find me again.

I remember when I first started massaging in 2000; I would treat people, as they are, human beings with feelings and emotions. Somewhere along the way I became over educated and a little cock sure and arrogant to what people were really asking for. Perhaps being unwell was intended as a wake-up call, I didn't hear it. Well not until I witnessed Ross, my god had I gone that far astray. The first weekend of training was like someone running round in side my head ringing a bell; my eyes were re opened to why I had become a massage therapist, to help people. I had become one of the many that tell people what they need instead of listening to what they are asking of me.

For me, becoming an Emmett therapist or a therapist who uses Emmett therapies is not about flashy moves with big impressive words and overpowering technique, it's about understanding your ability to truly being able to help someone and being able to set aside your own ideals, being open, realizing you can't always help everyone and you certainly can't cure anyone. But you can help them to help themselves. You can ease pain and discomfort. You can help to re balance their bodies and allow their bodies to retune. You can give them back their confidence and strength, and you can definitely help make their muscles work better.

I had no idea that being taught by Ross would be such a life changing experience (for the better). Lying in that hospital bed I thought I had lost something. It was still there, it just needed to be given some air to breathe again.

Thanks to Ross, the Emmett team, and Ange, I now lead a fairly normal life, I would say my fitness is above average, I still have a disease, and know it is a real one, I tend to forget to take my medication from time to time and it reminds me its still there, but instead of taking weeks or months to recover from flare-ups its now a matter of days, I am no longer defined as having inflammatory bowel disease. In fact I have trouble saying the words now as I feel it is only a small component of who I am, (and no that is not denial). Its more a reminder that I am different, as is the next person, and I hope I never forget that again.

The learning, sharing, giving and accepting and growing with the other Emmett students has been a wonderful experience.



Matt Hunter
Therapist
Cooloola Massage (Gympie)

Lee Mules continued....



Another year gone and now time to reflect on my progress. It has been a good year for progress and improvement.

I have continued with my Emmett therapy on a regular basis and my ears have steadily improved. In May I travelled to Brisbane to see a specialist Cochlear Implant Centre and Doctor with the hope that I may be able to have an implant. We had two days of testing booked plus an appointment with the specialist Dr at the Centre. The first day consisted of an MRI and various other tests including an electrode test for nerve activity. After the test for nerve activity the Specialist came to see me and told me that it was no point continuing with the testing as they could not find any definite indication of nerve activity and a CI requires nerve activity to work. This was very disappointing of course, however I still had an appointment with the Dr the next day. The Dr showed Mum the MRI and explained how the nerves on the right were totally obscured by scar tissue and on the left the nerve had a line of scar tissue going across it. The Dr was quite amazed by the amount of hearing I had on the left and the fact that the right was also testing as some hearing. He said I was a unique and complex case, as he had never seen this type of recovery in someone with my extensive damage. He asked if we were doing something different so we explained Emmett Therapy.

His comment was to just keep doing what you are doing. The Dr told us there was one other test I could have which he thought was worth having but don't get your hopes up. This test is an electronic test done in a small operation and will give an accurate nerve activity reading. Let's do it!

In August, just before I had the test, my hearing was tested again and my right ear had a fifteen-point improvement, which was very exciting. Thank you Emmett Therapy! In September it was back to Brisbane for the electronic test. The results stunned the specialists. I had a rare amount of hearing nerve activity in BOTH ears. WOW. That CI was still a possibility but I needed some further testing. Late October, it was back to Brisbane for more tests, the results of which were good and again surprised all the experts.

After testing the Dr saw me and explained that they could only locate two records in New Zealand and Australia of a Cryptococcal Meningitis patient having a CI. Of these one had environmental noise only, no speech. The other had, for the last year, vibration only and was just starting to get some environmental sound. This meant no one knew how things would turn out. However the Dr said he thought there was a good chance I would experience some improvement. This was great news, but I still had to be approved by his board of specialists. On the tenth of November the Dr's office rang to say the CI was approved and I would have the implant on the twenty fifth. Yahoo! Thank you Emmett Therapy.

Everything went ahead as scheduled and on the sixth of December I had switch on. This was a very exciting day as no one had any idea what I would get. On this first day they program and switch on half of the electrodes on the implant. The mapping, as it is called, is done using chime like sounds and the audiologist kept asking if I was hearing sound or getting vibration. I had to keep assuring her it was sound. Switch on. Lots of noise and chimes for a while and as that started to settle she tested my hearing with the CI. She said the days of the week and asked if I heard anything. I replied that I had heard them although not clearly, it was definite speech. Total amazement. She couldn't believe it and I was over the moon. I am still in the early stages and have two more sessions in this round. Every time I see the clinic I show significant improvement and amaze the specialists with my progress. It will take a long time and a lot of training to achieve my goal of conversation but I believe I can. And they said I would never hear again let alone have a successful Cochlear Implant.

I strongly believe that the recovery in my hearing nerves is mostly due to Ross Emmett and his wonderful therapy. What next? Eyes? Time for us to concentrate on my vision and if I get the same level of recovery in my eyes as ears this will be wonderful. My goal is to walk the Inca Indian Trail in Mexico for my fiftieth birthday. We've got four years Ross!



Lee Mules, Tully QLD

Instructor Training Bluewater January 2011

Our Instructor training was held at Bluewater in early January this year.

This was the final Teachers training to be held there as the property has now been sold.

A diverse group of countries were represented this time. In alphabetical order we had the pleasure of Austria (Susanne Smeeton), Australia (Colleen Kelly, Tim Donehue & Debbie Keighran), Germany (Astrid Haase), (Regi Scherrer) Switzerland and (Sue Gassick) the United Kingdom.



Left to right – Debbie Keighran, Susanne Smeeton, Sue Gassick, Colleen Kelly, Karen MacKenzie, Ross Emmett, Tim Donehue, Astrid Haase, Regi Scherrer, Lynda Mullamphv

There was discussion on how to create an identity for the Emmett therapies, promotions and training on the Emm-tech moves. Also future projects which need good solid groundwork and research to come to fruition. A session devoted to writing a wikipedia article gave an interesting insight into how we each viewed the facts about Emmett therapy.

New friendships were made and existing ones reinforced. It was a great opportunity for Jaime Doyle (Office Manager) to meet everyone. Now we all have a face behind the name.

We now have the job of keeping the integrity of the teachings- boosted by direct exposure and contact with Ross himself.

Our appreciation goes to all Instructors for the sharing of opinions, expertise, participation and the efforts made to attend.

We look forward to a busy and productive year ahead for all- thank you.



We were blessed with the best weather for the training and are very thankful all went well. In the weeks following, cyclones Anthony and Yasi made their presence known across Northern & Western Queensland and some parts of the Northern Territory. This reminded us of the massive power of Mother Nature.

We also must acknowledge the many emails and phone calls to wish us well and safe passage through the last weeks. It was a special feeling knowing so many were with us in spirit and we thank you all very much.

Update from the UK & Ireland

Ireland now has two fully qualified Emmett therapists, as well as 13 students in training. Donal Campbell and Hilary Campbell-Martin, both from Belfast, joined a large and enthusiastic group in Birmingham recently to review their Module 6 and receive their final certificates from Regi Scherrer. Sue Gassick visited the Republic of Ireland in February to teach Module 3 and these lucky students will receive their Module 4 training from Ross at the end of March.

Sue and Debbie are committed to running more courses in Ireland and to this end, Ross will deliver two short workshops, one in the North and one in the South, when he visits the Emerald Isle.

In the UK, demand for the Emmett Technique continues to grow. Sue and Debbie will be involved in starting 3 new courses over the next few months, with more to be arranged. Our Emm-Tech tutors are doing a sterling job, sharing the magic and passing on such enthusiasm that many of their students are continuing on to take the professional course. TBT101 is also gaining a reputation for achieving great results in Bowen therapy and Regi is already booked for the next course in July. We're looking forward to our summer and to the first Equine Muscle Management courses both in UK and Ireland.

Debbie Buck

EQUUS – Emmett Technique for Horses

Kath and Steve Rochford are excited to announce that they will be heading over to the United Kingdom in May 2011 to present Level 1 horse courses in England and Ireland. The level 1 course is based the Emmett Technique and is open to horse owners and equine professionals and is the starting point for anyone considering pursuing training. Kath and Steve are very happy to have the privilege of sharing this wonderful work with horse lovers overseas. Interested people should contact the UK coordinator, Andy Eckley, through the UK website www.equusmusclemanagement.co.uk.

Emmett Testimonials

A few months ago I treated a horse-riding teacher. She had been complaining of bad back problems for a number of years. Riding her horse got more and more painful for her. Moreover her being out of balance had a big influence on riding her horse. The horse always tried to move her on one particular side.

She had lots of other therapies before and she still had awful pains. So we decided to try something absolutely new for her body, the Emmett Technique. After the first few Emmett moves we both experienced that she had fantastic response. I finished my treatment with a few crossovers and she left the clinic with almost no pain.

A few days later she came back for another treatment with a big smile on her face. The back was still just a little bit sore –nature needs time to heal, but riding her horse is now a big difference for her and the horse. Even the horse picked it up that she is now much more balanced in her body. The horse doesn't try anymore to move her to one side.

She had bright eyes when she described that her rides are in a wonderful harmony with the horse now. Thank you to the Emmett Technique for allowing me to learn that not just the patient gives feedback. The horse's confirmation about the body's improvement made my day.

Susanne Smeeton
EMM-Tech Tutor/Emmett Therapist, Geelong VIC

I am continually amazed at the effective treatment that happens as a result of Ross's work (The Emmett Technique). There are many appreciative people in Toowoomba for the relief they have from a wonderful modality. Of course when the effect is not as successful as desired it is a challenge to find why. Continually learning!!!

Many Many Thanks

Lois Fernandez
Therapist

On behalf of one of my clients I would like to thank you kindly for the ongoing wonders with how your technique enables me to assist my clients in making physical and psychological changes.

I would like to share with you my client's story.

My client had been suffering from a very painful case of planter fasciitis (my dyslexic brain can't spell) on and off for the past 20 years. Over the past 6 months he had been going to see another massage therapist because he felt she was more qualified given she massages the Australian swim team.

This therapist told him he should see her friend who is a podiatrist to treat the heel pain. He faithfully went along to be told that bad shoes caused his condition and he would be in for 6-9 months of pain before he felt any improvement.

I ran into him this morning, learned of his condition and what he had been doing and offered him a free session to see me. It was difficult for me to check his posture or balance since he couldn't put his heel down, so I sat him on a kitchen stool, released his psoas, iliacus calf/feet.... happy to say he walked out without any pain, he also said he felt straighter than he had in 6 months. Goes to show you don't need a university degree to remove a person's pain.

Thank you Ross, I still love you're work and look forward to module 5/6.

Suzy McRae
Therapist

One of our Irish students gave the following feedback at a course: "I have been treating my teenage daughter with another therapy for a persistent back problem for some time, and have also been using her to practice my new Emmett moves on. A couple of weeks ago, she asked for a treatment, as she was in pain. Just as I was about to start, she said "Do your new stuff.....it's much better!" Out of the mouths of babes.....

Debbie Buck

Ross,
Roughly a few hours ago you performed your Emmett therapy on me. You might get this a lot but I am genuine with my statement. My body is feeling much more incredible and amazing, after just 5 minutes. I might only be 24, but I have not felt this way in years. Thank you so much, not only for the therapy but the time you took to explain this to me as well. I guarantee I will be visiting your practice again in the near future.

Regards,
Craig Elgey
Client



Ross teaching students in Townsville, QLD

Updates from the Admin Team

The Emmett Therapies team all had a nice Christmas and enjoyed the short break. The New Year brings a busy time in the office, planning Ross's schedule and his overseas dates for the year.

Cyclone Yasi – We packed the office into boxes and plastic tubs and shipped across town to a storage facility. Before lifting as much furniture as possible up onto desks and benches. We had been notified that the resulting storm surge could possibly engulf our office so Ross got out the masking tape and Lynda filled sandbags which were built up around the entry doors to inhibit the water. The office fared well but was closed for a few days due to the severe storm and power outage. This also affected our Internet and email access as the network was out for over a week. We would like to apologise for the delay in replying to emails and website data work during this period.

Contact Details

We are constantly updating our database to ensure we always have your latest information on file. If you have made any changes to your contact details including postal and email addresses as well as phone numbers, please contact our office as soon as possible.

Email: ross.emmett@rossemmett.com.au or Phone: (07) 4725 8458

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